

People talk about studying abroad like it's a giant cliché. Life changing. Eye opening. But it's so much more than that. When you spend some time out of your comfort zone, you're going to realize just how many things in your life you can do without (my car, my cellphone and a private bathroom were the three biggest for me). I'm more independent than I've ever been before, and, at the same time, I've never been more appreciative of having my family and friends nearby.

Ariel Castagna

Third Party Program – Regent's College – Spring 2011



"In Fall 2010, I set out to see the world. It wasn't my first trip abroad, nor will it be my last, but studying abroad was perhaps one of the most enriching experiences of my life to date. Living in Brussels for four months was both challenging and rewarding. Academically, I was challenged almost beyond what I thought possible. As a cultural experience, there can be nothing better. Learning about the world from a different perspective has a value that words can't express. As far as I'm concerned, there's really no reason not to study abroad."

Kristin Pinto

Third Party Program with ISA in Brussels, Belgium, Fall 2010



"Studying abroad is one of the best decisions I could have made for myself, both academically and personally. The amount of knowledge and individual growth that I gained from the experience is of immeasurable value. So much can be learned through an immersion in different cultures, and this is important for being a well-rounded person with a global worldview, and for being aware of other ways of life in different countries. I studied in Milan, Italy, and I loved getting to know the Italian ways of living, and seeing their history, culture, art, and cuisine from their perspective. I would definitely recommend that every college student take the opportunity to study abroad."

Sarah McAfee

Exchange Program in Milan, Italy Spring 2011

